

# LEADER GUIDE



# WINTER

— R E T R E A T —



CedarCanyonCamp.com



605.343.4394



5130 Memorial Dr • 57702

# TABLE OF CONTENTS

Letter to Leaders.....	2
Prior to Retreat.....	3
Tentative Schedule.....	4
Explanation of Schedule.....	5
Activities.....	6
Camp Costs.....	7
Helpful Hints for Leaders.....	7
Youth Group Time.....	8
Emergency Information.....	8
Camp Registration Details....	8
Payment Information.....	9
Leader Checklist.....	9
Packing List.....	9
Map.....	10



# WINTER — RETREAT —



## BEN SUTTON

Executive Director  
605.391.0323



Dear Leader,

Welcome to Youth Winter Retreat! Camp changes lives. Most of you already know that and many of you have probably experienced it first hand whether in your own lives or in the lives of your students. Camp is a place to get away from normal life, to reconnect with friends, to build new friendships, and, most importantly, to grow in your walk with Jesus. Youth Winter Retreat is an opportunity to do just that and to have fun while doing it!

This camp is designed to be “hands off” for you. We will take care of everything once you’re here. We ask that you work with us on registering your youth and provide counselors for them. One thing I’ve learned in my years at camp is that in order for what happens at camp to continue to be nurtured throughout the year, people need to come along side your youth to foster the growth in them through the experiences they had at camp. Bringing leaders to serve as counselors that then go home with your youth gives an opportunity to not let what happens at camp to stay at camp, but continue long after camp ends.

I know many of you are scrambling to regroup after the busy Christmas Season. We want you to be able to focus on your needs of your

ministry and youth and take the headache out of planning another event for your youth. This booklet will give you all the info you need to prepare for this camp.

As you gear up for your weekend at camp, please pray for our staff, the band that will be leading us in worship, and the speakers who will be teaching, as well as every camper that will come and experience God through camp.

Finally, before you come or while you’re at camp, I encourage you to take a minute to look up at the stars and consider this verse: Psalms 8:3-4—“When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, and the son of man that you care for him?” It is incredible to sit back and remember how great our God is, and how He loves us though we are so small compared to Him and what He’s created! We have an opportunity to work in the lives of youth to give them the opportunity to know this God who is so amazing and still loves us!

There’s a lot of information in this packet. If you have any questions, please contact us!

Ben Sutton  
Camp Director

# Prior to Retreat



## GET STUDENTS TO CAMP

We have given you a digital marketing package with a slide, QR code, bulletin verbiage, and poster to print. Please use these resources to advertise and discuss camp with your youth groups.

## REGISTRATION



Head to [CedarCanyonCamp.com/events](https://CedarCanyonCamp.com/events) or scan this QR code and send the link to your students and leaders to get registered. There will be options on there for if they're a leader or a student.



**Student** = 6th thru 12th graders

**Leader** = Out of High School for at least one year

***You are responsible to get us a background check for each leader prior to arrival, or we can run a background check for you for a fee.***



## GET LEADERS TO CAMP

The required ratio for leaders to students is 1:10. For every 10 students you bring, you will get a leader in for free. Otherwise, the leaders receive a 50% discount. If you are having trouble finding enough leaders for how many students you have, please reach out to us and we can help fill those gaps!



# Tentative Schedule



## FRIDAY

- 7 – 8:30 p.m.....Check-in at Office
- 7-9 p.m.....Activities & Coffee Shop Open
- 8:30 p.m.....Leader's Meeting in Upper Memorial
- 9 p.m.....Session & Youth Group Time
- 10:30 p.m.....Activity
- 11:30 p.m.....Flush & Brush
- 12 a.m.....Lights Out

## SATURDAY

- 7:30-9 a.m.....Coffee Shop Open
- 8 a.m.....Breakfast
- 8:30 a.m.....TAG Time
- 9 a.m.....Session & Youth Group Time
- 11 a.m.....Skiing/Snowboarding Depart
- 12 p.m.....Lunch
- 1 p.m.....Toes Up Time
- 2-5 p.m.....Camp Activities
- 6 p.m.....Dinner
- 7:30 p.m.....Session & Youth Group Time
- 9:30-10:30 p.m.....Free Time & Coffee Shop Open
- 10:30 p.m.....Flush & Brush
- 11 p.m.....Lights Out

## SUNDAY

- 8-9:30 a.m.....Coffee Shop Open
- 8:30 a.m.....Breakfast
- 9 a.m.....TAG Time
- 9:30 a.m.....Session & Youth Group Time
- 11 a.m.....Activity
- 12 p.m.....Lunch
- 1 p.m.....Toes Up Time
- 2 p.m.....Activity & Free Time
- 5 p.m.....Dinner
- 6 p.m.....Activity
- 8 p.m.....Session & Youth Group Time
- 9:30 p.m.....Activity
- 10:30 p.m.....Free Time & Coffee Shop Open
- 11:30 p.m.....Flush & Brush
- 12 a.m.....Lights Out

## MONDAY

- 8:30-10 a.m.....Coffee Shop Open
- 9 a.m.....Breakfast
- 9:30 a.m.....TAG Time
- 10 a.m.....Session & Youth Group Time
- 11:30 a.m.....Head Home!

# EXPLANATION OF SCHEDULE



## ARRIVAL & REGISTRATION



When you arrive at Cedar Canyon Camp, please use the Main Entrance and head to the office to check in. On Friday from 7-8:30 p.m. you will have access to activities so your students have more time to enjoy camp!

## Move In 7-9pm



After registering, your group will head to your housing area for move-in. Once you have moved in, students may participate in activities (gaga ball, carpet ball, volleyball, game room, etc.) or have some free time.



## Leaders Meeting & Activity



Leaders' Meetings are one of the most important factors in preparing you for a hassle-free weekend. The meeting is Friday night from 8:30 – 9 p.m. in Upper Memorial Lodge. In it, you will get acquainted with the Cedar Canyon Camp staff, get oriented to the weekend schedule, meet the musicians and speaker, and be given strategies to help your group get the most out of the weekend.

**Please plan to have all of your leaders attend.**



## Main Sessions

There will be six large group sessions held in the Upper Memorial Lodge throughout the weekend. Sessions are geared to engage and reach each and every student with the gospel of Jesus Christ and challenge them to move forward in their walk with Him. Sessions are loaded with fun, dynamic messages by our speaker, and talented musicians. We encourage leaders to sit and interact with their students during the sessions.



## Youth Group Discussions



You and your leaders will be facilitating small group discussions with your students after each of the main sessions. This is a time when you can personalize the message for your students and help them apply it to their lives more directly.

A guide designed to support the messages will be provided for each of your youth group leaders in order to facilitate these important times. The focus of this time is to encourage students to share their thoughts and decisions.

# Activities



## Terry Peak



The Students and leaders will have the option to purchase a half day pass to Terry Peak to either Ski or Snowboard. We will be going Saturday after lunch till dinner time. When they register they will have the option to add that fee as well as a rental fee if needed. Cedar Canyon Camp will provide transportation. **If any churches have vans we can use, please let us know and we will cover the gas.** The students who choose to stay at the camp that afternoon will have activities to do here.



## Free Time



During free time, students are able to enjoy all of our complimentary activities including our Game Room, Volleyball, Basketball, Pickleball, Gaga Ball, Carpet Ball, or Frisbee Golf. We will also have our Coffee Shop open if they wish to purchase drinks.

## Activities



Our Sunday (and Saturday, for those not going to Terry Peak) afternoon activities are TBD and weather dependent but may include our Low Ropes Course, High Ropes Course, Zip Line, Rock Climbing, and Ball Field activities. These activity are designed to push even the bravest person! We have multiple elements for the campers to try out. During these trying times are amazing opportunities for the campers to open up to us but also have the time of their lives experiencing things they may have not tried before.



## OTHER

Students may want to bring some cash to use in our camp store and coffee shop throughout the weekend. The camp store has a variety of great CCC products – shirts, water bottles, etc. that will be great reminders of their time at the Winter Retreat! The coffee shop has a variety of beverages and snack items to help tide the students over between the meals.

## RETREAT COSTS

The weekend camp package includes: 3 nights lodging, 7 meals, and all activities.

The rates are as follows:

**Youth Camper:** \$209 per person

**Adult Leaders:** \$105 per person

**Lift Ticket:** \$68 (12 & under) \$94 (13 +)

**Ski/Snowboard Rental Fee:** \$42

**Group Leader Discount:** For every 10 campers you bring you will receive 1 free leader registration (100% discount).

## HELPFUL HINTS FOR LEADERS

### SET EXPECTATIONS FOR YOUR STUDENTS & LEADERS

Set behavior expectations for your students before you come. Make sure you have some practiced behavioral management techniques at your disposal. It's a lot easier to accomplish your goals when everyone knows what's expected of them.

You should also set clear expectations for your leaders, which include their participation in all of the main sessions, responsibility for a specific small group of students, and active participation with their students at different activities throughout the weekend.

Our licensing requires you to have at least one leader 18 years of age or older in every cabin your students are assigned. We recommended 1 leader for every 10 campers. Your Leaders are the counselors, and are responsible for the behavior management of your group's students.



## STRATEGIZE YOUR TIME

Spending time learning, laughing and exploring with your students is critical. Have your leaders be intentional about getting to know the students in your group. During your weekend at Cedar Canyon your leaders may spend as much time with your students as they would in an entire year of ministry at home. Make relationships a priority!

## PROGRAM OVERVIEW

Our programming is designed to capture your student's attention. The goal is to set you and your leaders up to help your students make specific personal application to their lives. Small group times, activity time, and hang-out time are as critical to life change and application as the time spent in Main Sessions.

## ASK LOTS OF QUESTIONS

That's the best way to get started. Ask lots of questions, we will give you lots of answers. We want you to have a stress-free camp where your only responsibility is to have a blast with your students. Let us know how we can help you!

## JOIN US IN PRAYER FOR THE WEEKEND

- Pray that God will prepare the hearts of your students for what He has to teach them.
- Pray for our speaker, program team and the musicians as they prepare to share.
- Pray for our staff as we continue to make plans for this weekend and prepare the grounds.
- Pray in advance for the spiritual decisions and commitments your students will make at camp.



## YOUTH GROUP TIME

Throughout the weekend, you will have the opportunity to lead a small group with the students you brought. Here are some suggestions on how to facilitate a successful youth group time.

## THE GOAL

The goal of the youth group time is to help facilitate a connection between the main session content and your students' lives, and lead them into deeper discussions. Kids can sometime feel overwhelmed in large group settings, so use this time to get to know them personally, to help them build strong bonds with other kids from your group, and to challenge them to consider questions about their lives that will ultimately lead them to make decisions about their relationship with Jesus Christ.

We will have discussion guides available specifically designed to draw the students into conversation following each session. Our expectation is that students will already have thoughts, ideas and questions of their own when they come from session to your small group times.

*In addition, you may find it helpful to ask questions that follow a pattern of asking:*

**What?** Ask your kids to talk about what happened, what they saw, and what they learned.

**So What?** Help your kids to express the implications of what they learned and how it affects their attitudes and feelings.

**Now What?** Give your kids the opportunity to synthesize what they learned and how it made them feel, predict what might happen next, and make a plan to do something new or differently because of what they are learning.

## IMPORTANT TIPS

Remember you are the facilitator. Allow the students to talk; don't tell them anything that they can tell you.

- Set expectations up front about when to speak and when to listen, where and how to sit, etc.
- Avoid commenting on your student's comments; encourage them to discuss what their peers are sharing.
- Try to turn questions directed at you back to the group for their input and discussion.
- Value every member of your group: affirm and protect each member.
- Respect the opinions of every member of your group.
- Don't be afraid of silence, give them time to think and answer.
- Be patient, do not get frustrated, give your students a chance to get used to you.
- Use the questions given as a guide, but feel free to follow the Spirit's leading as well.

## EMERGENCY INFORMATION

Cedar Canyon does not employ any medical personnel. Therefore, we hope this information will be of use to you. Should an emergency occur, one of our hosts will be available to assist you.

**Ben Sutton, Camp Director: 605-391-0323**

**Ambulance/State Police/Fire: 911**

**Rapid City Regional Hospital: 605-719-1000**

## SERIOUS EMERGENCIES

Cedar Canyon staff cannot transport injured guests; therefore, you will be responsible for transportation to and from Rapid City Regional Hospital (605-719-1000), which is the closest facility for after hour emergencies.





# Retreat REGISTRATION DETAILS

## REGISTRATION INFORMATION

Every child and every leader must register online. Through this registration there is a medical form everyone needs to fill out in order to be fully registered. ***All who register by Jan. 23 will receive a free Winter Retreat t-shirt, we will collect everyone's sizes in the registration.***

## PAYMENT INFORMATION

Payment may be made online at the end of registration. There will be a \$25 non-refundable deposit required to finalize registration. For those using a scholarship, they choose that at payment and not have to put down any money at that time. (For specific rate information, see the 'Retreat Costs' section on page 7).

## LEADERS CHECKLIST

### PRIOR TO ARRIVING AT CAMP

Divide your students into small groups and assign them to a responsible leader. Determine goals for your group. How do you plan on using this weekend in your overall ministry?

Pray. Set the tone for the weekend.

Establish and communicate behavioral expectations for your students and leaders. If applicable, when packing vehicles, separate boy/girl luggage for easier unloading upon arrival.

***Plan for your group to stay together in the vehicle while one leader does the final registration and gets rooming assignments.***



## PACKING LIST

### ESSENTIALS AND STRONGLY RECOMMENDED:

Seasonably appropriate clothing.

- Pajamas, underwear and extra socks
- Jacket, hat, gloves, boots
- Sturdy shoes, pack extra shoes you don't mind getting muddy or wet (closed toed shoes for high ropes.)
- **Bath towel, washcloth, and toiletries**
- Flashlight
- Refillable water bottle
- Backpack
- Bible, notebook and pen
- Snow pants, winter coat, gloves, hat
- Spending money for camp store & coffee shop
- Dirty laundry bag
- Sleeping Bag and Pillow if you are in Economy Lodging. (We can let you know where you are staying prior to your arrival)

### PLEASE DO NOT BRING:

Alcohol, tobacco or non-prescription drugs (Please note: all medications, including those available over-the-counter, should be kept by a leader, locked and away from where students can access them.)

- Firearms, Fireworks or sparklers
- Valuables like cell phones, iPods, MP3 players and video games
- Pets
- Homework
- Anything standing between you and what God has planned for you this weekend

***Cedar Canyon is not responsible for any lost, damaged or stolen items.***



# Camp Map



5130 Memorial Road  
Rapid City, SD 57702

605.343.4394

[www.cedarcanyoncamp.com](http://www.cedarcanyoncamp.com)

[guestservices@cedarcanyoncamp.com](mailto:guestservices@cedarcanyoncamp.com)